

Effectiveness of Motor Learning Model Based on Local Wisdom in Improving Fundamental Skills

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| Abstract | <p>Traditional Balinese games are considered a cultural heritage that provides many basic movement benefits but have not been well revealed, this study aims to describe the effectiveness Motor Learning Model Based on Local Wisdom (MLMBLW) in Improving Fundamental Skills of students in early childhood education programs in Buleleng Regency in Bali Provinces. The data analysis technique used descriptive quantitative. The sample in this study was the students in early childhood education Laboratory of Lndiksha shool and early childhood education Telkom School (n = 44) age 5 year taken by purposive sampling technique with active children for traditional Balinese games. Data were collected by direct observation, questionnaires, and tests. Based on the results of data analysis, the effectiveness of the MLMBLW which can be seen from the activities of students participating in learning 81.3% belongs to the very high/very active category, student learning achievement as seen from the average fundamental motor skills above 70% have moderate to high basic movement skills, and the teacher's response to the implementation is overall positive. This research is evidence that MLMBLW is effectively applied in the implementation of motor learning in early childhood students. From the results of this study, there are several things that are recommended: (1) early childhood education teachers must understand the character of students and the local wisdom used, so that the learning steps (syntax) can be implemented properly, (2) the learning model can be implemented properly, if the teacher understands how to play traditional games (local wisdom) well. Introducing culture to every child is the same as preserving the world's cultural wealth, for that reason traditional Balinese games are also important in addition to improving fitness</p> |
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