

Upaya Peningkatan Pengetahuan Tentang Kebugaran Jasmani dan Kesehatan Mental Di Era Pandemi Covid-19 Melalui Workshop Home-Based Training Program Berbasis Virtual Conference

Title	Upaya Peningkatan Pengetahuan Tentang Kebugaran Jasmani dan Kesehatan Mental Di Era Pandemi Covid-19 Melalui Workshop Home-Based Training Program Berbasis Virtual Conference
Abstract	
Authors	R Festiawan, IJ Kusuma, N Ngadiman, N Widanita
Journal Name	Jurnal Berkarya Pengabdian Masyarakat 3 (2), 78-85, 2021
Publish Year	2021
Citation	3
Url	https://scholar.google.com/scholar?q=+intitle:"Upaya Peningkatan Pengetahuan Tentang Kebugaran Jasmani dan Kesehatan Mental Di Era Pandemi Covid-19 Melalui Workshop Home-Based Training Program Berbasis Virtual Conference"
Author	INDRA JATI KUSUMA, S.Pd, M.Or