

Biomechanical based aerobic and anaerobic exercises analysis

Title	Biomechanical based aerobic and anaerobic exercises analysis
Abstract	
Authors	T Suhartoyo, MNH Kusuma, DR Budi, AD Listiandi
Journal Name	Jurnal SPORTIF: Jurnal Penelitian Pembelajaran 6 (1), 145-156, 2020
Publish Year	2020
Citation	8
Url	https://scholar.google.com/scholar?q=+intitle:"Biomechanical based aerobic and anaerobic exercises analysis"
Author	ARFIN DERI LISTIANDI, S.Pd, M.Pd