## Developing pilates training model for decreasing the body fat ratio among overweight women

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Abstract	
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Journal Name	ACTIVE: Journal of Physical Education, Sport, Health and Recreation 8 (1), 9-17, 2019
Publish Year	2019
Citation	16
Url	https://scholar.google.com/scholar?q=+intitle:"Developing pilates training model for decreasing the body fat ratio among overweight women"
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