## Optimalisasi Pemanfaatan Lahan dan Sumber Air melalui Kombinasi Budidaya Dalam Ember dan Akuaponik untuk Peningkatan Gizi Masyarakat Desa Serayu Larangan, Kabupaten Purbalingga

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Author Order	6 of 8
Accreditation	5
Abstract	Budikdamber (fish farming in buckets) and aquaponics are integrated farming technologies that integrate catfish with kale and mustard greens. catfish with kale and mustard greens. This system is implemented in Serayu Larangan Village, Purbalingga Regency, as an effort to improve food security and sustainable land utilization. and sustainable land utilization. The implementation of this program showed positive results, with optimal catfish growth and productive kale and mustard greens harvests. kale and mustard greens are productive in a short time. This integration utilizes fish organic waste as nutrients for plants, thus creating a mutually supportive ecosystem. creating a mutually supportive ecosystem. The success of this program opens up potential for the development of Budikdamber and aquaponics as a business opportunity for the Serayu Larangan Village community. In addition to supporting household food security, this system offers an economical and environmentally friendly business alternative. environment. Based on the results of the implementation, the Budikdamber and aquaponics program can be concluded as a successful and innovative step. program can be concluded as a successful and innovative step. program can be concluded for other areas with similar conditions. This program is an example of application of integrated cultivation technology that is efficient and sustainable
Publisher Name	Universitas Mataram
Publish Date	2024-12-08
Publish Year	2024
Doi	DOI: 10.29303/jpmpi.v7i4.9823
Citation	
Source	Jurnal Pengabdian Magister Pendidikan IPA
Source Issue	Vol 7 No 4 (2024): Oktober-Desember 2024
Source Page	1616-1623
Url	https://jppipa.unram.ac.id/index.php/jpmpi/article/view/9823/6314
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