

## Development of the sepak takraw basic skills test for junior athletes

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| <b>Title</b>          | Development of the sepak takraw basic skills test for junior athletes   |
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| <b>Abstract</b>       | <p>Problems: Basic skills are needed in the sport of sepak takraw, so in this case an instrument is needed that can be used as a valid measurement tool to support the coaching and training process for junior athletes aged 12-15 years. Purpose: This study aims to develop a basic sepak takraw skills test for athletes aged 12-15 years based on the validity of the content and empirical validity carried out. Methods: The research method used is Research and Development (RnD) through 7 stages of research. The research subjects used amounted to 20 samples for small scale, and 40 samples for large scale. The data analysis technique used uses quantitative descriptive analysis. Results: The expert validity test provides recommendations that the instruments that developed already worth using. Based on the results of the validity and reliability test, it shows a content validity value of 0.89 and a feasibility value of 90.3%. Conclusion: The results show that the developed instruments have qualified as measuring instruments and are feasible to apply to measure the basic sepak takraw skills of junior athletes. Keywords: Development, test instruments, sepak takraw.</p> |
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