

Maternal anxiety to visit the integrated health center and infant food intake with wasting

Title	Maternal anxiety to visit the integrated health center and infant food intake with wasting
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Abstract	<p>ABSTRAKLatar Belakang: Pada era pandemi, kekhawatiran dan kecemasan yang ditakutkan yaitu anak dan dirinya terpapar COVID-19. Ibu yang tidak menimbang balitanya ke Posyandu dapat menyebabkan tidak terpantaunya pertumbuhan dan perkembangan balita serta asupan makan balita. Penelitian ini bertujuan mengetahui hubungan antara kecemasan ibu untuk datang ke posyandu dan asupan makan balita dengan kejadian wasting di era pandemi pada wilayah kerja Puskesmas Purwokerto Selatan</p> <p>Metode: Penelitian menggunakan metode studi observasional dengan pendekatan cross sectional. Penelitian dilakukan di Kelurahan Teluk, Purwokerto Selatan pada bulan Juni-Juli 2021 dengan mengikutsertakan 64 ibu yang memiliki balita berusia 6-59 bulan. Pengumpulan data menggunakan kuesioner kecemasan yang dilakukan di rumah responden dan melalui telepon, kejadian wasting dilihat dari nilai z-score BB/TB balita dan recall 2x24 jam untuk melihat asupan makan balita. Analisis hasil menggunakan uji Fisher's exact test. Hasil: Sebanyak 70,3% balita berusia 6-35 bulan dan sebanyak 56,3% merupakan anak pertama. Hasil analisis menunjukkan tidak ditemukan hubungan yang signifikan antara kecemasan dengan kejadian wasting (p value = 0,125) serta antara asupan makan dengan kejadian wasting (p value = 0,406). Kesimpulan: Tidak ada hubungan antara kecemasan ibu untuk datang ke posyandu dan asupan makan balita dengan kejadian wasting pada wilayah kerja Puskesmas Purwokerto Selatan.</p> <p>KATA KUNCI: asupan; kecemasan; posyandu; wasting</p> <p>ABSTRACT Background: During the pandemic, the concern and anxiety felt by the mother is the fear of the child and herself exposed to COVID-19. Mothers who do not weigh their toddlers to Integrated Health center can cause unmonitored growth and development also feeding intake of toddlers. The purpose of the study was to find out the relationship between maternal anxiety to come to Integrated Health center and infant feeding intake with wasting incident in the pandemic era in South Purwokerto Health Center working area.</p> <p>Methods: Observational study using a cross sectional approach was done in Teluk Village, South Purwokerto in June-July 2021. Sixty-four mothers who had toddlers aged 6-59 months were included in the study. Data collection was conducted in respondents' homes and over telephones due to the implementation of lockdown. Anthropometrics measurements were done to measure toddlers wasting status. To assess energy adequacy, a 2x24-hour recall was done. Using Fisher's exact test Results: According to the result, 70.3% of toddlers aged 6-35 months and 56.3% received the first birth order. There was no significant association between anxiety and wasting incidence (p value = 0.125). There was no significant association between feeding intake and wasting incidence (p value = 0.406) Conclusions: There was no significant association between maternal anxiety to come to the Integrated Health center and toddler feeding intake with the wasting incident in the South Purwokerto Health Center working area.</p> <p>KEYWORDS: anxiety; intake; Integrated Health Center; wasting</p>
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