

## Antioxidant Effect of *Chlorella vulgaris* on Physiological Response of Rat Induced by Carbon Tetrachloride

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| <b>Title</b>          | Antioxidant Effect of <i>Chlorella vulgaris</i> on Physiological Response of Rat Induced by Carbon Tetrachloride  |
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| <b>Accreditation</b>  | 2   |
| <b>Abstract</b>       | <p><i>Chlorella vulgaris</i> is an algae with high nutrition content. Carbon tetrachloride (CCl<sub>4</sub>) is a hepatotoxic chemical. The aims of this study were to determine the effect of <i>C. vulgaris</i> extract on the physiological response of liver such as MDA, SOD and GPx activity on rat after induced by CCl<sub>4</sub> exposure as well as to determine the effective dose of <i>C. vulgaris</i> extract as antioxidant that can neutralize CCl<sub>4</sub> exposure. This research was conducted experimentally with Completely Randomized Design that consists of 6 treatment and 5 times repetition. The doses of <i>C. vulgaris</i> extract used were 3, 4, and 5 mg per /100 g of rat body weight (BW). The administration of <i>C. vulgaris</i> extract was performed within 30 days, while the CCl<sub>4</sub> (0.25 ml/100 g BW) was administered orally on the day 9, 12, 16, 19, 23, and 26. Parameters measured were levels of MDA, SOD and GPx of rat blood serum. The results showed that the administration of <i>C. vulgaris</i> extract can inhibit lipid peroxidation indicated by decrease in MDA activities and oxidative stress by increasing SOD and GPx activity. In conclusion, 5 mg/100 g BW of <i>C. vulgaris</i> extract is an effective dose to be used as endogenous antioxidant to protect the liver cell from damage caused by CCl<sub>4</sub> exposure. The benefit of <i>C. vulgaris</i> as a supplement for antihepatotoxin in humans.</p> |
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