

## Pengaturan suhu inkubasi dan perlakuan benih dalam upaya meningkatkan daya tumbuh benih carica

<b>Title</b>	Pengaturan suhu inkubasi dan perlakuan benih dalam upaya meningkatkan daya tumbuh benih carica
<b>Author Order</b>	1 of 2
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<b>Abstract</b>	<p>AbstrakBuah carica merupakan jenis buah khas tropis namun memiliki kendala dalam produksi benihnya. Benih carica memiliki daya kecambah rendah disebabkan oleh adanya lapisan sarcotesta yang menjadi penghambat dalam proses perkecambahan. Penelitian ini bertujuan untuk mengetahui pengaruh penghilangan lapisan sarcotesta terhadap viabilitas benih carica dan menentukan suhu optimum untuk mematahkan dormansi benih dan mempertahankan viabilitas benih carica. Penelitian ini dilaksanakan menggunakan Rancangan Acak Kelompok yang terdiri daridua faktor, yaitu faktor penghilangan lapisan sarcotesta terdiri atas benih tanpa sarcotesta dan ber-sarcotesta, serta faktor inkubasi suhu, yang terdiri atas inkubasi 15 °C, 25 °C, 35 °C, dan 45 °C. Variabel yang diamati antara lain kadar air (%), daya hantar listrik (mS/m), laju respirasi benih (mol/g/jam), jumlah benih rusak (%), kandungan fenol, dan uji lapanganmeliputi daya kecambah (%), kecepatan pematahan dormansi (hari), potensi tumbuh maksimum (%), dan indeks vigor benih. Hasil penelitian menunjukkan bahwa penghilangan lapisan sarcotesta mampu meningkatkan daya tumbuh benih carica. Suhu inkubasi 15 oC memberikan viabilitas terbaik, namun belum ditemukan suhu optimum yang mampu mematahkan dormansi benih dan mempertahankan viabilitas benih.Kata kunci: Benih carica, Dormansi benih, Sarcotesta, Vigor dan viabilitas benih Abstract Carica fruit is a typical tropical fruit with seed production problem. Carica seeds have low germination rate due to the presence of a sarcotesta layer which is an inhibitor in the germination process. The objective of this study was to determine the effect of removing the sarcotesta on the viability of carica seeds and to determine the optimum temperature to break seed dormancy and maintain viability of carica seeds. This experiment was conducted using a completely randomized block design consisting of two factors, i.e., removal treatment and temperature. The first factor was composed of removed sarcotesta seed and normal seed with sarcotesta. Temperature treatment was composed of 4 levels, i.e., 15°C, 25°C, 35°C, and 45°C. The observed variables were moisture content (%), electrical conductivity (mS/m), seed respiration rate (mol/g/hour) number of damaged seeds (%), phenolic content, and field tests included germination rate (%), dormancy breaking speed (days), maximum growth potential (%), and seed vigor index. The results showed that removing the sarcotesta layer was able to improve growth capacity of carica seeds. Temperature treatment at 15 oC was determined as the optimum temperature that could break seed dormancy and also maintain seed viability.Keywords: Carica seed, Seed dormancy, Sarcotesta, Seed vigor and viability</p>
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