

Peer Learning: An Effective Teaching-Learning Method for Improving Ability in Arterial Blood Gases Interpretation

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Author Order	3 of 3
Accreditation	1
Abstract	<p>Background: Competent nurses are expected to be able to interpret arterial blood gases (ABGs). The benefits of peer learning, an innovative teaching-learning method today, have long been recognized. However, to date, no studies have compared the effect of this method and the traditional classical method in interpreting ABGs.</p> <p>Purpose: This study aimed to compare the effect of peer learning and classical learning methods on the nurses' ability to interpret ABGs.</p> <p>Method: This was a quasi-experimental research with pre and post-test design. Forty ward nurses were invited in the peer learning method group, and another 40 ward nurses were invited in the classical learning method group through a randomization process. Data were collected using a questionnaire before and after the educational intervention. The classical class was taught by an experienced trainer, while peer groups, divided into groups of 5-6, were taught by one member of each group who obtained the best pre-test score and received special training first. The analysis of data was performed by t-test.</p> <p>Result: The result showed that after the intervention, the mean score of interpreting ABGs in the peer learning group increased by 3.18 (± 1.12) ($p < 0.001$), while in the classical learning method, it only increased by 2.32 (± 0.988) ($p < 0.001$). Although there were significant increases in ABGs analysis ability in both groups, the peer teaching-learning group demonstrated a significantly greater improvement in interpreting ABGs ($p < 0.001$).</p> <p>Conclusion: The peer learning method facilitates a more significant improvement in the nurses' ability for ABGs interpretation. Peer learning is appropriate as one of the methods in clinical education for nurses.</p>
Publisher Name	Department of Nursing, Faculty of Medicine, Diponegoro University
Publish Date	2020-12-28
Publish Year	2020
Doi	DOI: 10.14710/nmjn.v10i3.28660
Citation	
Source	Nurse Media Journal of Nursing
Source Issue	Vol 10, No 3 (2020): (December 2020)
Source Page	329-338
Url	https://ejournal.undip.ac.id/index.php/medianers/article/view/28660/18532
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