

EKSTRAK JAHE (*Zingiber officinale* Roscoe) PENGHAMBAT OKSIDASI LDL
[Ginger (*Zingiber officinale* Roscoe) Extracts Inhibits LDL Oxidation]

Title	EKSTRAK JAHE (<i>Zingiber officinale</i> Roscoe) PENGHAMBAT OKSIDASI LDL [Ginger (<i>Zingiber officinale</i> Roscoe) Extracts Inhibits LDL Oxidation]
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Abstract	<p>Oxidative modification of LDL is believed to play an important role in atherogenesis. Dichloromethane extract of ginger rhizomes exhibited a strong antioxidative activity using linoleic acid as substrate. We investigated the in vitro effect of these extract enrichment on the prevention of oxidative LDL by CuSO₄. Plasma was supplemented with 43, 430, or 4300 mg/ml dichloromethane extract in dimethylsulfoxide (DMSO) (10 ml DMSO per ml plasma), incubated, and the LDL was isolated. Lag phase and malonaldehyde content was analyzed after the isolated LDL was oxidized using CuSO₄. The result showed that dichloromethane extract of ginger rhizomes supplementation prolonged lag phase and reduced malonaldehyde formation depended on its concentration. Concentration of 43 and 4300 mg/ml plasma of these extract reduced malonaldehyde formation by 35,29 % and 69,72 % respectively, but not significant in prolonged lag phase. Concentration of these extract with largest prolonged lag phase (82,16 %) and reduced malonaldehyde formation (74,95 %) was 430 mg/ml plasma. This research has shown that ginger extract is capable of protecting LDL from oxidation.</p>
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