Improvement of Antioxidant and Immune Status of Atherosclerotic Rats Adrenaline and Egg-Yolks -Induced using Cardamom-Rhizome-Ethanolic-Extract: An Initial Study of Functional Food

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The aimed to improve the activity of SOD and reduce the levels of MDA, CRP, and IL-6 of atherosclerotic-rats using cardamom-rhizome ethanolic-extract (CREE). A total of 28 Sprague-Dawley rats, aged 2-3 months, 180-250 g were injected with adrenaline, and given the egg-yolks for 3 weeks. The rats were divided into 4 groups, 7 rats each, I, were given CREE; II, statin; III, CREE+statin; and IV, feed-rats, 2 weeks. Blood samples were taken at 0, 1 and 2 weeks. CREE significantly increased of SOD, and decreased levels of MDA, CRP and IL-6. Future, the cardamom rhizomes would be formulated of functional-drinks. (C) 2016 The Authors. Published by Elsevier B.V.
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